

In My Feelings

Ennui

SERMON SUMMARY

This study explores the theme of ennui through the lens of Ecclesiastes, examining the futility of worldly pursuits and the search for true meaning and fulfillment in God.

KEY VERSES

Ecclesiastes 1 & 2

John 17:3

SERMON NOTES LINK

<https://bible.com/events/49363823>



DISCUSSION GUIDE

1. Ennui means feeling really bored and tired of everything. It's when nothing seems fun or interesting, and you just don't know what to do with yourself. Share a story of when you have experienced this. Do you feel this way currently?
2. Read Ecclesiastes 1:1-11. What are some modern-day pursuits that people chase for meaning and satisfaction? What are some things you have chased that turned out to be "vapor"?
3. Read Ecclesiastes 2:17-23. What frustrations does Solomon express about work and toil (Ecclesiastes 2:17-23)?
 - a. How do you feel about your own work and its lasting impact?
 - b. The 15th century Reformation leaders saw an occupation as a ministry before God. Jobs should be acknowledged as ministries, and workplaces should be considered mission fields. What do you think about this idea?
4. Read Ecclesiastes 2:1-11. What pleasures did Solomon pursue?
 - a. Have you ever experienced the "morning after" feeling of getting everything you wanted? How did it feel?
 - b. What does it mean to delight in God?
5. What is eternal life according to John 17:3?
 - a. How does the psalmist express his longing for God in Psalm 42:1-5?
 - b. What habits or life rhythms help you find purpose/satisfaction in God? How does being in a LifeGroup and serving others help us in this pursuit?

PRAYER

Together, reflect on the study and the areas of your life where you may be experiencing ennui or dissatisfaction.

Pray for guidance: "Lord, reveal to us the areas of our lives where we are chasing after vapor. Help us to find true meaning and fulfillment in You alone."